



Term Dates

For all details, see our website!

Summer Term 2023 ends

Friday 7th July

Monday 10th July

Summer Camp 2023

Tues 25th, Weds 26th, Thurs 27th July from 10m to 2pm

BOOK NOW for your place!

All are welcome, no need to be a club member. See our website for details:

www.young-athletes.co.uk

Autumn Term 2023

11 weeks starts:

Monday 11th Sept

5.00 to 6.00pm

Monday Performance Training

6.00 to 7.00pm

Friday 15th Sept

5.00 to 6.00pm

6.00 to 7.00pm

Half Term 2 weeks

Mon 23rd Oct to Fri 3rd Nov

Autumn Term 2023 Ends

Monday 4th December

Friday 8th December

Our location:

Guildford, Spectrum GU1 1UP

Thank you to our sponsors:

LIBRA financial who helped us with medals for our Open



Need new training shoes?

15% DISCOUNT for YAC athletes at Fitstuff in Guildford

FITSTUFF
Specialist Running Shop & Sports Clinic

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Contact
Tony Mitchell
on:

07771 995942

Young Athletes Club wins the trophy at Surrey Quaddkids Championships 2023



Photos by Jonty Mitchell

Back row, left to right: Tony our starter, Louis Vardy (res) Ethan McEwan, Jared Efedje, Hope Kalfoss (girl's captain) Thomas Kennerley (boy's captain) Andy Li (res) Esme Wilkinson, Sylvie Holden, Isla Duncan, Kimberley Kelly, Virginia our Team manager and event organiser
Front row: Conor Junor, Milo Gordon, Thomas Living (res)

Summer Term is always our favourite time of year! A key recent highlight was the **Surrey Teams Quaddkids Championships** hosted and organised by Virginia and Tony. **Young Athletes Club** competed against 7 Surrey clubs to **retain the trophy and take gold medals** on Weds 28th June at Spectrum. The **YAC team**, 10 top Squad athletes showed great team spirit to take the win in an exciting competition of 4 events plus a relay: 75m sprint, Vortex, Standing long Jump, 600m. Clives challenged us in the sprints but we came back with superior strength in the 600m. There were several new PBs and we are very proud of all of them for this success.

For any photos from our events please contact: jontymitchell@outlook.com



Young Athletes Club Open Meeting 28th May 2023— Fabulous photos by Jonty Mitchell



Our annual Open meeting took place on Sunday 28th May in glorious sunshine—see our [website](#) for links to all RESULTS. What a fantastic meeting it was with 200 athletes from clubs all over Surrey taking part in track and field for young athletes in U7, U9, U11, U13 and U15 age groups. Athletes and parents enjoyed the well-organised and action-packed programme. Athletes loved seeing their names on the huge electronic scoreboard and the interviews after their race. **Meeting highlights** were names and photos on the **Justing scoreboard**, having the **London 2012 Olympic** torch and the medal presentations on the podium and Mo Farah supporting and presenting. Virginia who organised the meeting with husband Tony said “It was a fabulous day of athletics with impressive performances from our youngest right up to U15s. The electronic scoreboard was a big hit with all the athletes. We were delighted that it all ran so smoothly and that our athletes clearly enjoyed competing—for many it was their first proper competition. Mo Farah was there supporting his son who won the U9 boys and we thank him kindly for offering to do so many presentations.

YAC Summer Camp July 2023

Places for our Summer Camp are going FAST
Please apply on our website:
www.young-athletes.co.uk

Our camps are always popular and full of activity so please hurry and book to secure your place!
Applications close 17th July 2023

Performance Training at YAC

Performance Training on Mondays 6pm to 7pm was launched to provide our Squad athletes with specialist training to prepare for moving to their next club and for competing as senior athletes. Performance also provides for U13 and U15 athletes who wish to have technical training to help them improve in their chosen event: sprints, jumps, hurdles, throws etc. If you want to find out more please contact us on: membership@yac-admin.co.uk

Athlete Groups How do they work?

Age and ability determine which group an athlete is in. Please talk to us if you wish to ask about the group your child is in.

Squad	Mixed	11/12yrs	Yr 5/6
Blue	Boys	9/10 yrs	Yr 4/5
Red	Girls	9/10 yrs	Yr 4/5
Green	Boys	7/8 yrs	Yr 3/4
Yellow	Girls	7/8 yrs	Yr 3/4
Development	Mixed	5/6/7 yrs	Yr 2/3

YAC moving to monthly membership from September 2023

We will be moving to monthly membership payments from September which we hope will provide more convenience and flexibility for parents. The payments will work from an app based system which can be downloaded onto a mobile phone. We will keep you informed. We trust this will help to make your membership easier to manage.