



Term Dates

Summer Term 2022 ends

Friday 8th July

Monday 11th July

Summer Camp 2022

Mon 22nd, Tues 23rd, Weds

24th August from 10m to 2pm

BOOK NOW to secure your place!

All are welcome, no need to be a club member. See our website:

www.young-athletes.co.uk

Autumn Term 2022

NOTE: Now 2 sessions on

Mondays and Fridays!!

Training times are the same both days:

11 weeks starts:

Monday 12th Sept

Friday 16th Sept

5.00 to 6.00pm

6.00 to 7.00pm

Half Term 2 weeks

Mon 24th Oct to Fri 4th Nov

Autumn Term 2022 Ends

Monday 5th December

Friday 9th December

Our location:

Guildford, Spectrum GU1 1UP

Thank you to our sponsors:

LIBRA financial who helped us with medals for our Club Championships



Need new training shoes?

15% DISCOUNT for YAC athletes at Fitstuff in Guildford



Do you need water-based training or injury rehabilitation?



Contact
Tony
Mitchell
on:

07771 995942

Young Athletes Club wins gold and silver at Surrey Quadkids Championships



Back row, left to right: Virginia Mitchell (coach), Alexandra Richardson, Toby Barr, Oliver Sanchez Johnson, Dexter Pretty, Leo Booth, George Holmwood, Tobias Flood, Dexter Wickwar, Jack Lynch, Daniel Baker, Adele Fitzsimmons, Tony Mitchell (coach). Front row: Bethany Staddon, Arianna Atkinson, Jamie Simons, Florence Tyler, Jess Allen, Tileena Tribe, Freya Sebastian Davies

TEAM SCORES

Team	Points	Rank
YAC-A	2,021	1
YAC-B	1,816	2
Kestrels	1,777	3
Reigate Priory	1,730	4
CADAC	1,696	5
Epsom & Ewell Harriers	1,584	6
Dorking & Mole Valley	1,560	7

Jess Allen girls winner leading 600m



Seb Moss boys winner



Summer Term is always our favourite time of year with coaching and competitions mostly in sunshine!

A key recent highlight was the **Surrey Teams Quadkids Championships** hosted and organised by Virginia and Tony. **Young Athletes Club** competed against 5 Surrey clubs to **retain the trophy and take gold and silver medals** on Weds 16th June at Spectrum.

YAC had 2 teams of 10 top Squad athletes from year 6. Our athletes showed impressive speed, endurance, technique and great team spirit to take the win in an exciting competition of 4 events plus a relay: 75m sprint, Vortex, Standing long Jump, 600m. They gave it their all in this competition and got their reward for determination and training. There were many new PBs and all came together as a team to give a stand-out performance. We are very proud of this success. Thank you Stephen Wilder for great photos and to Gillian for scoring.



Alexandra and Florence in 75m



Arianna leading the YAC team in the relay



Toby ahead of Tobias and Leo in 600m



Young Athletes Club Club Championships

Athlete results May 2022: Quadkids 4 events: sprint, throw, jump, middle distance



Number	BOYS U13	Session	Points	Number	GIRLS U13	Session	Points
1	341 Daniel Baker	Monday	249	1	354 Jess Allen	Monday	225
2	346 Leo Booth	Monday	247	2	374 Alyssa Gillies	Monday	221
3	352 Henry Williams	Monday	241	3	365 Arianna Atkinson	Monday	216
4	339 Hugo Wilson	Monday	231	3	373 Tilleena Tribe	Monday	216
5	340 Seb Moss	Monday	228	5	317 Jamie Simons	Fri Late	201
6	343 Dexter Wickwar	Monday	214	6	338 Kacey Coombes	Fri Late	195
BOYS U11				GIRLS U11			
1	158 Thomas Kennerley	Fri Early	238	1	293 Isla Oxley	Fri Early	221
2	123 Milo Gordon	Monday	237	2	179 Emily Davenport	Fri Early	205
3	291 Logan Richards	Mon and Fri Late	225	3	209 Kaiah Coombes	Fri Late	200
4	152 Thomas Living	Fri Early	225	4	269 Amelia Morgan	Monday	198
4	232 Benjamin Vickers	Monday	215	5	248 Evie Frans	Monday	189
6	235 Farley Wright	Monday	211	6	274 Hope Kalfos	Monday	188
7	194 Jared Efedje	Fri Late	204	7	210 Edie Bayley	Monday	184
7	228 George Swayne	Monday	204	8	211 Isla Duncan	Monday	182
BOYS U9				GIRLS U9			
1	119 Charlie Rona	Monday	207	1	139 Martha Ward	Monday	182
2	112 Reuben Mockford	Monday	204	1	31 Annika Everett	Monday	182
3	117 Noah Yeboah	Monday	202	3	34 Isabella Hartung	Fri Early	179
4	94 Noah Gashi	Fri Late	187	4	74 Emmy Coletta	Fri Early	174
5	59 Paul Lukas Balsys	Fri Early	184	5	137 Izzy Davies	Monday	172
6	91 Remy Morris	Fri Late	179	6	138 Leah McCarthy	Monday	164
7	53 Noah McKenzie	Fri Early	177	7	123 Darcie Pottinger	Monday	153
7	63 Finley Keating	Fri Early	177	8	121 Jocelyn Croucher	Monday	152
BOYS U7				GIRLS U7			
1	6 Isaac Okesola	Fri Early	175	1	16 Mikayla Odogwu	Monday	191
2	2 Joshua Welch	Fri Early	164	2	12 Hattie Mockford	Monday	188
3	9 Rufus Gordon	Monday	156	3	15 Lexi Rona	Monday	166
4	1 Lucian Welch	Friday Early	133	4	11 Ava Gillies	Monday	154

Our Club Championships took place over 2 weeks with over 300 athletes competing in 4 events: sprint, throw, jump and middle distance. Points were awarded for times and distances based on the UKA Quadkids score system. Our medal winners with the highest scores for all 4 events are listed here. Congratulations to all who took part in what was a huge exercise to co-ordinate so many athletes in U7, U9, U11 and U13 age groups. We enjoyed seeing our athletes perform under competition conditions. We thank our coaching team for helping us to officiate all events. Thank you to star athletes Bella Wilson & Jemma Wood for presenting medals.



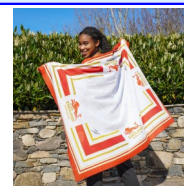
Virginia, Tony & Pat at World Masters

YAC coaches Virginia, Tony and Pat are off to Finland for the World Masters Championships in early July. Virginia is competing at 400m and 800m, Tony at 300m hurdles and Pat in 100m and 200m. We wish you GOOD LUCK!



Commonwealth Games scarves from Firehorse

We are pleased to offer our members 20% discount off beautiful British made Firehorse silk or cotton scarves which are Commonwealth Games Official Merchandise. Simply add YAC20 at checkout on website: <https://firehorsefashion.com/2022-commonwealth-games>.



YAC Summer Camp 22,23,24 August 2022

Summer Camp applications are now OPEN

So please apply on our website:

www.young-athletes.co.uk

Our camps are always popular and full of activity so please book early to secure your place!



Athlete Groups How do they work?

Age and ability determine which group an athlete is in. Please talk to us if you wish to ask about the group your child is in.

Squad	Mixed	11/12yrs	Yr 5/6
Blue	Boys	9/10 yrs	Yr 4/5
Red	Girls	9/10 yrs	Yr 4/5
Green	Boys	7/8 yrs	Yr 3/4
Yellow	Girls	7/8 yrs	Yr 3/4
Development	Mixed	5/6/7 yrs	Yr 2/3

YAC club kit - order from our website!

Choose from our popular T shirts at £10, vests £15 and warm zip hoodies £20. Order or purchase at the track, or from our website. PLEASE put a NAME in your kit!! LOST PROPERTY will go to charity at the end of term.



We wish our members a wonderful Summer break!!

Website: www.young-athletes.co.uk

Email: membership@yac-admin.co.uk

Facebook: www.facebook.com/young-athletes.club

