



### Term Dates

#### Spring Term 2022

##### Last sessions of term:

Mon 21st March

Fri 25th March

#### Easter Camp dates 2022

##### 3 days of athletics at Spectrum

Mon 4th, Tues 5th, Weds 6th April

from 10am to 2pm

Applications are OPEN on our website!

#### Summer Term 2022

##### 10 weeks

Mondays start:

25th April

**5.45pm to 6.45pm NEW TIME!**

Fridays start:

29th April

5pm to 6pm and 6pm to 7pm

##### Bank Holiday:

Mon 2nd May **No YAC**

##### Half Term:

Mon 30th May to Fri 3rd June

#### Summer Term 2022 ends

Friday 8th July

Monday 11th July

#### Autumn Term 2022

Starts Monday 12th Sept

Friday 16th Sept

Our Venue: Spectrum Track

Guildford GU1 1UP

#### Need a physio?

Barry Walsh comes highly recommended by **Young Athletes Club**.

Contact Barry on:

**07791 611717**

- 27 years experience
- Worked with England, Harlequins and Wasps rugby teams and is a former decathlete.



Senior lecturer at St George's Hospital

Runs his local clinic in Burpham

### YAC Boys win Gold & Girls win Silver at Surrey Sportshall 30th Jan 2022



8 Surrey teams took part in the Sportshall competition on 30th Jan 2022. We won the first match in November and our top athletes were primed for this match which also involved Surrey selections. There was a lot at stake for athletes and teams! Our YAC teams were super impressive against fierce opposition from Waverley and Cleves. Top honours went to the YAC Boys who won Gold and our YAC girls team took Silver (only 2 points behind Waverley!)



#### BOYS COMPETITION

1st YAC	222 points
2nd Waverley	198 points
3rd Cleves	188 points

#### GIRLS COMPETITION

1st Waverley	198 points
2nd YAC	196 points
3rd Cleves	176 points



**Boys Team:** George Bone, Hugo Wilson, Leo Booth, Seb Moss, Toby Barr, Daniel Baker, Amedeo Gottoli, Jack Lynch, Tobias Flood, Dexter Pretty **Girls Team:** Bethany Staddon, Jess Allen, Adele Fitzsimmons, Alexandra Richardson, Florence Tyler, Freya Sebastian-Davies, Arianna Atkinson, Rebecca Milner, Jessica Gash, Lyla Rawlings



### 10 YAC athletes selected for Surrey team at South East Inter Counties!



We are delighted that 10 YAC athletes achieved their first Surrey vest and made it into the Surrey Sportshall team. **Surrey boys:** Toby, Amedeo, Leo, Tobias, Daniel, Dexter **Surrey girls:** Jess, Alexandra, Florence, Lyla Surrey teams competed against 6 counties. Boys won gold while the girls took silver medals. Our athletes were a credit to the Surrey teams.



**Border League Cross Country —End of season results following last race at Reigate 6 March**

A total of 37 athletes from YAC took part in the final race of this cross country season at Reigate on Sunday 6<sup>th</sup> March. At the previous race on home ground at Stoke Park we had 80 athletes from YAC taking part despite the horrendous cold, wind and rain. Reigate offered better conditions with sunshine to go with the essential ingredient of mud!

Our athletes did us proud yet again and it was fabulous to see our two leaders: **Thomas Living in U9 Boys** and **Jess Allen in U11 Girls** win in style and both got the gold medal for the race series.

Daniel Baker had another epic run to win the U11 boys but he competed in just 2 races and needed a 3<sup>rd</sup> win to take the gold overall.

**U9 GIRLS – YAC TEAM 1<sup>ST</sup> TROPHY WINNERS!!**  
 2nd Bea Hyner Dring  
 4<sup>th</sup> Isabel Goody de Diego  
 10<sup>th</sup> Martha Ward  
 14<sup>th</sup> Chloe Hillier  
 15<sup>th</sup> Annika Everett  
**Overall 4<sup>th</sup> Place medal winner**



Thomas Living U9 boys winner



Jess Allen U11 girls winner

**U9 BOYS – YAC TEAM 2ND**  
 1st Thomas Living  
**OVERALL GOLD MEDAL WINNER!!**  
 14<sup>th</sup> George Swain  
 20<sup>th</sup> Luke Booth  
 28<sup>th</sup> Rupert Barton

**U11 GIRLS – YAC TEAM 2ND**  
 1st Jess Allen  
**OVERALL GOLD MEDAL WINNER!**  
 13<sup>th</sup> Arianna Atkinson  
 16<sup>th</sup> Pippa Jeffries  
 17<sup>th</sup> Adele Fitzsimmons

**U11 BOYS – YAC TEAM 3RD**  
 1st Daniel Baker  
 9<sup>th</sup> Humphrey Barton  
 12<sup>th</sup> Leo Booth  
 22<sup>nd</sup> Isaac Middleton

**U13 GIRLS – YAC TEAM 4TH**  
 7<sup>th</sup> Madison Disney

**U13 BOYS**  
 10<sup>th</sup> Henry Williams



U9 Boys start at Reigate



Daniel U11 boys 1st



U11 Girls came 2nd

**YAC Club Championships May 2022**

We invite all our athletes to take part our **YAC Club Championships**. (We are sorry we cannot run an Open meeting this year due to the difficulty getting electronic timing for our date so we offer our own club championships instead). Here are details: **Dates: Monday 16th May 5.45pm to 6.45pm and 6.45pm to 7.45pm**

**Friday 20th May 5pm to 6pm and from 6pm to 7pm**  
 Younger athletes will take part in the earlier session. Older athletes in the later session.

**Quadkids 4 events: U7 and U9: 50m sprint, 300m, throw, standing long jump U11: 75m sprint, 600m, vortex throw, long jump**  
 Times and distances will be recorded and medals awarded as follows the following week:

Top 3 per event for boys and girls in each age group.  
 Overall Quadkids winner boys and girls for U7, U9 and U11  
**We look forward to seeing all our athletes taking part!**



**Young Athletes Club EASTER CAMP 2022**

**3 Days of ATHLETICS!!**  
**Mon 4th, Tues 5th, Weds 6th**  
**April 2022**

Action-packed sessions that are fun and challenging for children age 6 to 13 years.

YAC members can bring a friend!! **Sibling rates!**  
**Apply on our website!**  
**www.young-athletes.co.uk**  
**Applications are OPEN NOW!!**

**Easter Training Camp 2022**  
 3 days of athletics:  
 Monday 4th, Tuesday 5th, Wednesday 6th April  
 For athletes age 6 to 13 years

Bring a friend!! Athletes from other clubs/schools are also welcome!  
 Book early to secure your place!

**Spectrum Track, Guildford GU1 1UP**  
 Times: 10am to 2pm for all 3 days  
 Quality athletics coaching that is fun and challenging!  
 Sprints, Jumps, Hurdles, Throws, Middle distance,  
 Games and Competitions  
 Cost: £40 first day; £35 for each additional day  
 Sibling rates: £35/£30  
 Apply: [www.young-athletes.co.uk/trainingcamps](http://www.young-athletes.co.uk/trainingcamps)

**Athlete Groups - How do they work?**

Age and ability determine which group an athlete is in. **Please talk to us if you wish to ask about your athlete.**

<b>Squad</b>	<b>Mixed</b>	10/11 yrs	Yr 6
<b>Blue</b>	<b>Boys</b>	9/10 yrs	Yr 5
<b>Red</b>	<b>Girls</b>	9/10 yrs	Yr 5
<b>Green</b>	<b>Boys</b>	8/9 yrs	Yr 4
<b>Yellow</b>	<b>Girls</b>	8/9 yrs	Yr 4
<b>Development</b>	<b>Mixed</b>	5/6/7 yrs	Yr 2/3

**We wish all our athletes an enjoyable Easter break!**

**Website: [www.young-athletes.co.uk](http://www.young-athletes.co.uk)**

**Email: [membership@yac-admin.co.uk](mailto:membership@yac-admin.co.uk) Facebook: [www.facebook.com/young-athletes.club](http://www.facebook.com/young-athletes.club)**

**YAC club kit**

Great moisture wicking **T shirts £10 (free to new members) vests £15 and warm zip hoodies £20.**

Order or purchase at the track, or from our website. **PLEASE NAME your kit!!**

LOST PROPERTY will go to charity at the end of this term. Please ask us if you have lost any clothing!!



**FITSTUFF**  
 Specialist **Running Shop & Sports Clinic**

23A Chapel Street Guildford

**Need new training shoes?**  
**15% DISCOUNT for YAC athletes**  
 Training shoes or spikes  
 Tel: 01483 533133

